

# plus one

PREGNANCY GUIDANCE CENTER

Impacting Generations  
of Families Forever

OCT-NOV-DEC 2022

### 2022 CENTER STATISTICS

Clients	102	Bible Study	10
Ethnic Groups	5	Total Client Sessions	714
Healthy U	33	Interpreters	4
Pregnant U	19		
Empower U	48		

### CONTACT INFORMATION

605-554-3330 (24/7)  
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www.plusonehuron.org

35 Market S • HURON SD 57350  
(Next to Domino's Pizza)

### CENTER HOURS

Mon 1-5 pm Tue 5-8 pm  
Wed 1-5 pm Thur 5-8 pm

**CENTER DIRECTOR** - Mary Helen Wipf  
**CLIENT SERVICES DIR.** - Angie Schutt  
**BOARD OF DIRECTORS**

Jeff Decker - Chairman	Jeff Gilbert - Secretary
Alissa Crandall - Vice Chairman	Kris Gohn
Susan Hines - Treasurer	Galen Waldner Jared Cass Teena Tschetter

### ADVISORY BOARD MEMBERS

Nathan Loewen - Medical Advisor  
Steve Schaeffer - Legal Advisor  
Marvie Grossman - Marketing Advisor



Mary Helen Wipf

**In national and state news:** The Dobbs Decision handed down by the United States Supreme Court this past summer generated much discussion in the Pro-life community; excitement that Roe v Wade had been overturned, concern over possible retaliation against pregnancy centers, and speculation about what the "new normal" would look like across the fifty individual United States. The Court's ruling returned the issue of abortion to each state and on that day, South Dakota began enforcing its "trigger law" which made all abortions illegal in South Dakota, unless they are performed to preserve the life of the mother. Governor Noem has taken steps to keep her pledge to ensure South Dakota has the "strongest pro-life laws in the books." She proposed a bill that would prevent abortion after a fetal heartbeat is detected; it has yet to be considered by the state legislature at this point. She also issued an executive order blocking telemedicine abortion, which make it illegal to deliver abortion pills via courier, telemedicine or mail service. Noem also signed two pro-life bills into law. The first restricts the administration of medical abortions by telemedicine or in-person facilities and the second makes it a felony for a person to be coerced into having an abortion. At the signing, Noem stated: "We must remember that abortion has two victims: both the unborn child who loses their life and the

mother who must go through the physical and emotional trauma of the procedure." Please continue to pray for our elected/appointed officials as they make decisions concerning the most vulnerable, the unborn, in our society.

**In local news:** The Center held its annual meeting in October 2022. Center bylaws state that the Board shall consist of 7-10 members and that a person can serve two three-year terms, take a year off and be eligible to serve again. Three members, Craig Cobb, Matt Porter, and Kenroy Wipf, completed two terms on the Board of Directors. Four new members were added to the Board: Jared Cass, Jeff Gilbert, Teena Tschetter, and Galen Waldner. Chairman Jeff Decker, Vice-Chairman Alissa Crandall, Treasurer Susan Hines, Secretary Jeff Gilbert. We are grateful for all past and present individuals who were and are willing to commit time to leading this local ministry. If you feel God leading you to be part of the leadership, please feel free to contact one of the current Board members or myself for details. Please continue to pray for our valued Board Members as they make decisions for the Plus One Pregnancy Guidance Center. Please continue to pray for our valued Client Advocates as they interact with the clients. Please continue to pray for those hurting people that seek help at the Center... that God will prepare their hearts to hear and respond to the Gospel of Jesus Christ so that their greatest need will be met.



- Baby Formula
- Diapers 4-5-6-7
- Diaper Bags
- Postage Stamps
- Printer Paper
- Bus. Size Envelopes
- Teethers / Pacifiers
- Spopy Cups/Bibs
- Baby Shampoo (African P. Johnson)
- Winter Clothes
- Toddler Socks
- Avent Baby Bottles
- Cash for Client Transportation
- Insulated Tumblers for Moms

## Snowflakes & Sweets 2023

Mark your Calendars!

Saturday,  
February 25, 2023



Featuring:  
"The Browns" Singing Group  
(youtube.com/watch?v=6O9P1Z2nJ8)



James Valley Christian School



# Pregnant U! Empower U! Healthy U!

This coming February will mark Plus One's 8th anniversary. It's hard to believe that we have been up and running for so long! There are still many in our community who are not aware of us and even those who know about the Center are uncertain about the services we provide. Since word-of-mouth has proven to be our best way to reach those in need, we want to make sure that you, our faithful supporters, know what we have to offer.

Plus One is not a medical facility but we do offer free, over the counter pregnancy tests for clients to self-administer. When working with clients who are experiencing an unplanned pregnancy, we provide emotional support and education as the woman (or couple) makes difficult decisions about this new pregnancy. To support clients in making healthy choices, Plus One offers 3 main educational programs: Pregnant UI, Empower UI and Healthy UI.

Our Pregnant UI program is for any pregnant woman (or couple), no matter her age or financial situation. Clients enrolled in this program can receive education as well as spiritual and material support. Gisela first

came to Plus One at the beginning of her second trimester. Although she and her fiancé were excited to be expecting a baby, it had not been planned and they were nervous about being new parents. They came in weekly and learned about topics like fetal development, prenatal care, and what to expect during labor and delivery. Gisela said that she really appreciated the educational part and getting to talk with an advocate. Daniel, Gisela's fiancé, liked that Plus One provides sessions specific for dads. After sweet baby James was born, Daniel and Gisela moved into our Empower UI program where they continue to receive education on topics such as car seats, CPR, infant and toddler care. Gisela says, "Few people would take the time to help in the ways that Plus One does - Thank you!"

When clients attend sessions in Pregnant UI and Empower UI they earn points to purchase items they need. Plus One has a Maternity Boutique with clothing for pregnant women and a Baby Boutique with numerous items, including diapers & wipes, formula, clothing, blankets, bottles, strollers, carseats etc. In order to encourage clients to attend their pre-natal check-ups, WIC appointments, school (for teens), and other important services, we award points for these things as well.

Healthy UI is our sexual integrity program designed to educate teens on making healthy choices in their dating relationships. Teens can participate in this class as individuals or as a group of friends. The five classes focus on topics such as setting healthy boundaries, the prevalence and dangers of STDs/STIs, and understanding God's plan for dating & marriage. Over the past

year, 33 teens participated in Healthy UI and here are some of the things they say about the program:

"Healthy UI was amazing! The group leader was great and she made the classes fun."

- Female, 14 years



"Healthy UI had a lot of information I didn't know already and the leader was a very good teacher."

- Male, 14 years

"I've done Healthy UI twice now and I learn something new every time! The leader was easy to talk to and makes you feel comfortable."

- Female, 16 years

"Healthy UI was very thought provoking and gave guidance regarding life choices and told us the consequences that come with these choices. The atmosphere was very nice and made me feel comfortable."

- Male, 15 years

"I am most thankful for Healthy UI at Plus One because you're learning a lot about yourself in a fun way, with people who are like your second family and you can tell them things and they will listen."

- Female, 16 years

Article Written by Angie Schutt

