

# healing u!

FREE & CONFIDENTIAL



*The Journey towards  
Healing & Acceptance  
After Losing a Baby*

**plus one**  
PREGNANCY GUIDANCE CENTER

are **u**...

- struggling with loss?
- still grieving?
- heartbroken?
- feeling alone?

healing **u!** program can help  
you find the answers

*Program designed to provide support and  
compassion as you navigate through the difficult  
time after the loss of a baby through miscarriage  
or infant loss. You are not alone!*

There is nothing to **lose**,  
and so much to **gain!**